

What is Trigger Tool?

Trigger Tool training aims to help volunteers, neighbours, carers and members of the public to support people of all ages in their local communities to help themselves.

The training encourages people to:

Support Independence – help someone to stay well and able for as long as possible - Sharing knowledge and information

Reduce Isolation and Loneliness – the training identifies lots of activities and support groups in your local community

Be safe at home – be aware of risks and stresses and how to discuss your concerns

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The next Trigger Tool training takes place on:

Date: Friday 23rd June 2017

Venue: Fleet Baptist Church, Clarence Road, Fleet, GU51 3RS

Time: 19.30-21.30

Please contact ... Will Parker for further information and to book a place.

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Think
Carer



Hampshire
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